



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Our Voice: Your Information

[www.ymcadanville.org](http://www.ymcadanville.org)

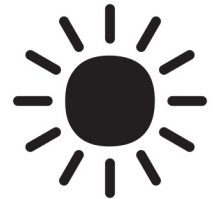
## WELCOME!

Welcome to the Danville Family YMCA. As part of our YMCA family, we want you to feel at home. If you have any questions, please feel free to ask any of our staff.

## JUNE

Welcome to Summer at the YMCA!

Learn, grow and thrive this summer here at the Y through one of the many classes or programs offered.



## SWIM TEAM

Do you have a young swimmer ready to take it a step further? Join the River Otter Swim Team! Coaches train kids through young adults to participate in competitive swimming in a fun and exciting atmosphere. Team members will learn the necessary training that will allow them to compete on future swim teams in High School or College. For more information, contact Darren Bennett at [Darren.Bennett@ymcadanville.org](mailto:Darren.Bennett@ymcadanville.org) or Jenna Leach at [Jenna.Leach@ymcadanville.org](mailto:Jenna.Leach@ymcadanville.org)

## SUMMER MORNING SWIM LESSONS

Did you know that 71% of the world is water, and your child is 100% curious? Swimming skills are important and a life can be saved by knowing how to swim. Cost is \$40 for members and \$80 for non members. Our program will consist of 6, 40 minute lessons. Other lessons, such as Private, Parent Tot, and Parent Child are also available. For more info, contact Caylan Wade at [Caylan.Wade@ymcadanville.org](mailto:Caylan.Wade@ymcadanville.org)  
**Our Summer Morning Swim Lessons take place at 9:10-9:50am or 10:00am - 10:40am on the following dates:**

May 30th - June 7th | June 26th - July 6th | July 10th - July 19th

## SPORTS CAMPS

Registration will start Monday, May 8th for our Summer Sports Camps at the Danville Family YMCA! Pick up a Registration Brochure at our Membership Services Desk. Scholarships are available for those who qualify. For more info, contact Chris Wilson at [Chris.Wilson@ymcadanville.org](mailto:Chris.Wilson@ymcadanville.org)

Football: Jun 7 - Jun 9

Tennis: Jun 12 - Jun 14

Basketball: Jun 12 - 14; 15-16

Wrestling: Jun 26 - Jun 30

Tennis: Jul 10 - Jul 14

Softball: Jul 17 - Jul 21

Swimming: Jul 24 - Jul 28

## MUSCLES FOR YOUTH

We offer youth personal training one-on-one or in a group setting. This is a great option for sport training such as Basketball, Baseball, Football, Track, and more! Learn position specific training to improve fitness basics, or improve overall strength and wellness. We train student athletes on the field and in the classroom by helping them learn, grow, and thrive in a motivating environment. Youth Members enjoy this program for \$15 per session. For more information, contact Travis Tarpley at [travis.tarpley@ymcadanville.org](mailto:travis.tarpley@ymcadanville.org)

## CHILDWATCH

Our Childwatch is open for children 6 months-12 years. Children 3 and up need to be on a Family Membership or Youth Membership. Hours are 8am-1pm Mon-Sat and 4:30pm-8:30pm Mon-Thurs.

## PERSONAL TRAINING

Have a national certified personal trainer work with you to achieve your health and fitness goals. Our trainers will design an exercise program specific to your goals. Stop by the Wellness Desk to learn more information about our Personal Training Packages!

## YMCA MONTHLY VITAMIN:

"It's never too late - Never too late to star over, never too late to be happy"

- Jane Fonda



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**YMCADanville**  
App today!

## SUMMER STUDENT MEMBERSHIPS

College Students can get a **three-month membership for \$45!** Stay healthy & engaged during the Summer Break! Show your student ID to sign up!