



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Our Voice: Your Information

www.ymcadvanville.org

WELCOME!

Welcome to the Danville Family YMCA. As part of our YMCA family, we want you to feel at home. If you have any questions, please feel free to ask any of our staff.

APRIL

Start living healthy at the YMCA with Healthy Kids Day!

Join in the April fun with Healthy Kids Day on April 28th from 10am-1pm! Bring the whole family for FREE festivities for all the community to enjoy!



SWIM LESSONS

Each year, countless injuries occur as a result of an individual's inability to swim. It is our goal to ensure the safety of our members while enjoying themselves around water by offering swim lessons for all ages. In order to provide a better experience, we have changed the structure of our swim lesson program. The new lessons are based off of the child's skill level and ensure continued development throughout each session. For more info, contact Casey Favor at casey.favor@ymcadvanville.org

SUMMER CAMP

Spring is right around the corner, so get a head start and make summer plans for your kids today! Our state licensed Summer Camp begins June 4th. Cost is \$100/week for Members and \$200/week for Non-Members. Drop-off is every day 7:30am-9am and pick-up is by 6:00pm. Each week is filled with lots of educational activities, fitness classes, field trips, and much more to keep the kids moving and active.

Contact Cord Cothren at cord.cothren@ymcadvanville.org for more information or pick up a registration packet at the Membership Scholarships are available for those who qualify.

MUSCLES FOR YOUTH

We offer youth personal training for one-on-one or in a group setting. This is a great option for sport training such as Basketball, Baseball, Football, Track, and more! Learn position specific training to improve fitness basics, or improve overall strength and wellness. We train student athletes on the field and in the classroom by helping them learn, grow, and thrive in a motivating environment. Youth Members enjoy this program at \$15 per session. For more information, contact Travis Tarpley at travis.tarpley@ymcadvanville.org

ANNUAL CAMPAIGN

The Danville Family YMCA welcomes all who wish to participate and believes that no one should be denied access to the Y based on their ability to pay. Through our Annual Campaign, we provide financial assistance to youth, adults and families based on individual needs and circumstances. We encourage everyone in the community to join our cause of strengthening community by giving back. Your financial gift to the Y makes an impact right in your community. For more information and to make a donation to the Annual Campaign, please visit www.ymcadvanville.org or speak with a YMCA Staff Member.

CHILDWATCH

Our Childwatch is open for children 6 months-12 years. Children 3 and up need to be on a Family Membership or Youth Membership. Hours are 8am-1pm Mon-Sat and 4:30pm-8:30pm Mon-Thurs.

PRESEASON SWIM

Do you have a child considering joining a swim team? Do you want to improve your skills? Preseason Swim is a program designed to increase swimmer's endurance while improving technique. For more information, contact Casey Favor at Casey.Favor@ymcadvanville.org or Jenna Leach at Jenna.Leach@ymcadvanville.org

YMCA MONTHLY VITAMIN:

" You become like the 5 people you spend the most time with. Choose wisely."

-Toby Mac



Download the
YMCADanville
App today!

SPRING STUDENT MEMBERSHIPS

College Students can get a **four-month membership for \$65!** Stay healthy & engaged during the Spring Semester!