



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Our Voice: Your Information

Danville Family YMCA Member Newsletter— February 2019

[www.ymcadanville.org](http://www.ymcadanville.org)

## WELCOME!

Welcome to the Danville Family YMCA. As part of our YMCA family, we want you to feel at home. If you have any questions, please feel free to ask any of our staff members for assistance.

## NEW YOU FITNESS CHALLENGE

Start working towards a "New You" with our New You Fitness Challenge! In this challenge, you can work towards your goals while trying out new and different ways to work out. Prizes will be provided to the top 3 Men & Women. Don't miss out on this great challenge! Stop by the Wellness Center today for more information!

## SCHOLARSHIP PROGRAM

Do you know someone that wants to join the YMCA, but may need financial assistance?

We believe EVERYONE belongs at the Y. So in every way possible we try to make that happen. Scholarships are quite easy to obtain. Applications are available at the Front Desk. All that is needed is a proof of household income. Once the applicant has turned in the completed application and all of the required paperwork, we send them an award in the mail for a 6 month membership at a discounted rate! For more information, stop by the front desk or check out our website at [www.ymcadanville.org](http://www.ymcadanville.org).

## SWIM LESSONS

Each year countless injuries occur as a result of an individual's inability to swim. It's our goal to ensure the safety of our community when enjoying themselves near water by making swim lessons always available and affordable. In order to provide a better experience, we have changed the structure of our swim lesson program. The new lessons will be based off of the child's skill level and ensure continued development in the pool. For more info, contact Casey Favor at [Casey.Favor@ymcadanville.org](mailto:Casey.Favor@ymcadanville.org)

## CHILD WATCH

Our Child Watch is open for children 6 months-12 years. Children 3+ need to be on a Family or Youth Membership. Hours are 8:30a-1p on Mon-Sat & 4:30p-8:30p on Mon-Thurs. **Now offering on Sundays 1p-4p.**

## AFTER SCHOOL CARE

We still have open spots for our 2018—2019 school year! Our program picks up at all city schools. We are also hosting our program inside Twin Springs Elementary and Kentuck Elementary. Pick-up is open until 6:00pm. Ages 4-12 accepted at the YMCA location. Ages 5-12 accepted at Kentuck and Twin Springs location. The cost is \$50 a week for Members and \$100 for Non-Members. For more information or to register, email [Cord.Cothren@ymcadanville.org](mailto:Cord.Cothren@ymcadanville.org).

## YMCA MONTHLY VITAMIN:

"Our greatest glory is not in never falling, but in rising every time we fall."  
- Confucius

## SPRING STUDENT MEMBERSHIPS

College Students can get a **four-month membership for \$65!** Stay healthy & engaged during the Spring Semester. Show your student ID to sign up!



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