

Danville Family YMCA April 2018 Gym Schedule

Monday (5a-9:30p)	Tuesday (5a-9:30p)	Wednesday (5a-9:30p)	Thursday (5a-9:30p)	Friday (5a-9:30)	Saturday (8a-6p)	Ⓡ Sunday (12p-5p)
5:00am – 10:20am Open Gym	5:00am – 10:30pm Open Gym	5:00am – 10:20am Open Gym	5:00am – 10:30pm Open Gym	5:00am – 2:00pm Open Gym	8:00am – 10:00am Open Gym	12:00pm – 3:30pm Full Court Open Gym
10:30am – 11:30am Silver Shuffle/ Line Dance	10:30am – 12:45pm Pickle Ball	10:30am – 11:30am Silver Shuffle/ Line Dance	10:30am – 12:45pm Pickle Ball	2:00pm – 5:00pm Open Gym	10:00pm – 12:00pm RCD Girls JV Basketball	3:30pm – 5:00pm Muscles 4 Youth Half Court
11:45am – 3:50pm Open Gym	12:50pm – 4:00pm Open Gym	11:45am – 4:15pm Open Gym	12:50pm – 3:15pm Open Gym	5:00pm – 7:00pm Muscles 4 Youth Half Court	12:00pm – 3:30pm Open Gym Half Court	
4:00pm – 7:10pm Muscles 4 Youth Half Court	4:00pm – 8:00pm Family Gym Half Court	4:30pm – 5:30pm After School Tennis Program	4:30pm – 5:30pm After School Gym	7:00pm – 9:00pm RCD Boys	3:30pm – 5:50pm Open Gym Full Court	
7:15pm – 9:15pm Pickle Ball	6:00pm – 8:00pm Muscles 4 Youth 8:00pm – 9:15pm Open Gym	6:00pm-8:45pm Adult Night Basketball (Must Be Member of the Danville Family YMCA, Must Be at least 18 & Out of High School)	6:00pm – 8:00pm RCD Girls JV Basketball 8:00pm – 9:15pm Open Gym			

*** During Half Court times, the curtain will be lowered to split the courts. During Full Court times, the curtain will be raised to allow full court access, however the curtain WILL be lowered if staff feels gym is overcrowded or if there is a scheduled M4Y Training***

Monday-Friday, During Half Court, Half of the court will be used for our Muscles for Youth - Basketball Training program (Pay for Youth Sessions at the Front Desk)

(If you have any questions please contact the Sports & Wellness Director Greg Hairston)