



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

DANVILLE FAMILY YMCA

Pool Schedule	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Summer 2017	5:30-7:45 Lap Swim (all lanes)	5:30-7:45 Lap Swim (all lanes)	5:30-7:45 Lap Swim (all lanes)	5:30 -7:45 Lap Swim (all lanes)	5:30 – 7:45 Lap Swim (all lanes)		
Schedule Begins Monday, May 29 th Subject to change							
Lap Swim Asterisk denotes lap swim available.	8:00-9:00 Water Aerobics/ Rehab	8:00-9:00 Aqua Dance	8:00-9:00 Water Aerobics/ Rehab	8:00-9:00 Aqua Dance	8:00-9:00 Water Aerobics/ Rehab	9:00 – 10:00 Water Aerobics *	
If there are more than 30 open swimmers in the pool only two (2) lanes will be put out.	9:10-10:40 Youth Lessons	9:10-10:40 Youth Lessons	9:10-10:40 Youth Lessons	9:10-10:40 Pool Main	9:15-12:45 Open Swim	10:20- 11:00 Youth swim lessons	1:15 – 3:15 Lap/Open Swim
Please shower before entering pool.	11:00 –12:45 Lap/Open Swim	11:00-12:45 Lap/Open Swim	11:00 – 12:45 Lap/Open Swim	11:00-12:45 Lap/Open Swim	1:00-4:00 Group Swim	11:05- 11:45 Adult Lessons	3:30 – 4:30 Pool Rentals
Please do not allow children to play in ramp.	1:00- 3:00 Group Swim	1:00-3:00 Group Swim	1:00- 3:00 Group Swim	1:00-3:00 Group Swim	4:00-6:00 Open Swim	12:00 – 2:15 Lap/Open Swim	
BANDS WILL BE USED ON ALL SWIMMERS 13 AND UNDER: RED BAND = RESTRICTIONS GREEN BAND = NO RESTRICTIONS	3:00-6:00 Open Swim *	3:00-5:15 Open Swim *	3:00-6:00 Open Swim *	3:00-5:15 Open Swim *	6:30-7:10 Youth Lessons 3-5 yrs. old	2:30 – 5:15 Pool Rentals	
ANY CHILD UNDER 13 YEARS OF AGE MUST BE ACCOMPANIED BY AN ADULT.	6:10-6:50 Youth Lessons	5:30-6:00 Parent Child	6:10-6:50 Youth Lessons	5:30-6:00 Parent Child	7:15-7:55 Youth Lessons 5-15		
	7:00-8:00 River Otters	6:05-6:35 Parent TOT	7:00-8:00 River Otters	6:05-6:35 Parent TOT			
	8:00-8:45 Lap Swim	6:45-7:45 Water Aerobics		6:45-7:45 Water Aerobics			
		7:45-8:45 Master Swim		7:45-9:00 River Otters			

Danville Family YMCA

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