



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FIND YOUR FUN. FIND YOUR Y.

Danville Family YMCA Member Newsletter— July 2024

WELCOME!

Welcome to the Danville Family YMCA. As part of our YMCA family, we want you to feel safe and at home. If you have any questions, please feel free to ask any of our staff members for assistance.

IMPORTANT DATES

Mark your calendars for these upcoming dates this month and beyond!

- 7/4 - Independence Day- YMCA OPEN 9AM-3PM
- 7/8 - Start of July Basketball Camp!
- 7/8 - New session of M/T/W swim lessons
- 7/18 - New session of Parent-Tot Swim Lessons
- 8/15 - Red Cross Blood Drive 2PM-6PM

JULY BASKETBALL CAMP

We have one more Basketball Camp this summer, starting the week of 7/8! The Basketball Camp is a week long, all day camp that teaches participants the fundamentals of basketball while also teaching life skills they'll carry through their lives. In addition to all the hands-on basketball experience, camp participants also get time in the pool for swimming, and other activities around the Y! Lunch and snacks are also provided. Camp is open to kids ages 9-15 and cost is \$150 for members and \$300 for non-members. Financial assistance is available for those who qualify! For more information on the Basketball Camp, you can email gregory.hairston@ymcadanville.org.

SUMMER GROUP YOUTH SWIM LESSONS

In addition to our normal schedule of Group Youth Lessons, we're also bringing back more Group Youth Lesson opportunities this summer! These lessons are structured like our year-round group lessons, with sessions of 5 lessons each. The summer lessons take place on Mon, Tues, and Wed mornings from 9:15AM-10:00AM. Cost for these lessons are \$60 for members and \$120 for non-members. You can register for these lessons at the Front Desk. For more info, email kathy.contratto@ymcadanville.org.



GROUP EXERCISE CLASSES

Want to spice up your workout routine? Throw one of our Group Exercise classes in the mix for a great change of pace! From yoga to Zumba and even a boxing class with TRX, there's something for everyone! All classes are included in a membership at no extra cost. Check the schedule to find your new favorite class!



MONTHLY VITAMIN

"It's July and I have hope in who I am becoming."

- Charlotte Eriksson



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