Danville Family YMCA June 2025 Gym Schedule

| Monday (5a-9:00p) | Tuesday (5a-9:00p) | Wednesday (5a-9:00p) | Thursday (5a-9:00p) | Friday (5a-9:00) | Saturday (8a-6p) | Sunday (12p-5p) |
|----------------------------------|----------------------------------------|--------------------------------------------------|----------------------------------------|-----------------------------------|------------------------------------|---------------------------------------|
| 5 am – 9 am Open Gym | 5 am – 8 am Open Gym | 5 am – 9am Open Gym | 5 am – 8 am Open Gym | 5 am – 9 am Open Gym | 8:00am – 1:00pm Open Gym | 12 pm – 3 pm Half Court |
| 9 am – 10 am Summer Camp | 8:15am – 9:15am Cardio Conditioning | 9 am – 10:15am Open Gym | 8:15am – 9:15am Cardio Conditioning | 9 am – 10 am Summer Camp | 1pm – 3pm Full Court | 3 pm – 4:45pm Full Court |
| 10:30am – 11:45am Line Dance | 9:30am – 10:30am Open Gym | 10:30am – 11:45am Line Dance | 9:30am – 10:30am Summer Camp | 10 pm – 12:30pm Full Court | 3pm – 5:45pm Half Court | |
| 12 pm – 3 pm Open Gym | 10:30am – 1 pm Pickleball | 12 pm – 3 pm Open Gym | 10:30am – 1 pm Pickleball | 12:30pm – 3 pm Open Gym | | |
| 3 pm – 5 pm Half Court | 1 pm – 2 pm Open Gym | 3 pm – 5 pm Half Court | 1 pm – 2 pm Open Gym | 3 pm – 5 pm Half Court | | |
| 5 pm – 7 pm Half Court | 2 pm – 3 pm Summer Camp | 6 pm – 8:45pm Adult Night | 2 pm – 3 pm Summer Camp | 5 pm – 7 pm Half Court | | |
| 7 pm – 8:45 Full Court | 3 pm – 7 pm Half Court | Basketball (Must Be Member, Must Be at least 18) | 3 pm – 6 pm Half Court | 7 pm – 8:45pm Half Court | | |
| | 7 pm – 8:45 pm Half Court | | 6 pm – 8pm Full Court | Basketball | Camp Jui | ne 9 th — 13 th |
| | | | | Athletic C | amp June | $23^{\text{rd}} - 27^{\text{th}}$ |
| YXXX | YXXX | Y XXXX | YXXX | YXXX | YXXX | YAMA |

Food/Drinks in the gym at ANY time can/will be thrown away at the discretion of Administration Staff or Housekeeping without question.

June 9 - 13 Gym will be closed from 8am - 5pm for Basketball camp (Line Dance & Pickleball will still occur)

June 23 - 27 Gym will be closed from 8am - 5pm for Athletic camp (Line Dance & Pickleball will still occur)

*The divider can be lowered/raised at any time at staff discretion

(If you have any questions please contact the Sports & Wellness Director Greg Hairston)

This schedule is subject to change