

Danville Family YMCA

September 2026 Gym Schedule

Monday (5a-9:00p)	Tuesday (5a-9:00p)	Wednesday (5a-9:00p)	Thursday (5a-9:00p)	Friday (5a-9:00)	Saturday (8a-6p)	Sunday (12p-5p)
5:00am – 10am Open Gym	5:00am – 8am Open Gym	5:00am – 10am Open Gym	5:00am – 8am Open Gym	5:00am – 12:45pm Open Gym	8:00am – 12:00pm Open Gym	12:00pm – 3:20pm Open Gym Half Court
10:30am – 11:45am Line Dance	8:15am – 9:15am Cardio Conditioning	10:30am – 11:45am Line Dance	8:15am – 9:15am Cardio Conditioning	12:45pm – 1:30pm Cleaning Open Half Court	12:00pm – 3:00pm Open Gym Full Court	3:30pm – 4:45pm Open Gym Full Court
12:00pm – 3:00pm Open Gym Full Court	9:30am- 10:15am Open Gym	12:00pm – 5:45pm Open Gym	9:30am- 10:15am Open Gym	12:45pm – 3:00pm Open Gym Full Court	3:00pm – 5:45pm Open Gym Half Court	
3:00pm – 6:00pm Open Gym Half Court	10:30am – 1pm Pickleball	5:45pm – 7:00pm Line Dance	10:30am – 1pm Pickleball	3:00pm – 6pm Open Gym Half Court		
6:00pm – 8:45pm Open Gym	1:00pm – 3:00pm Open Gym Full Court	7:00pm-8:45pm <u>Adult Night</u> <u>Basketball</u> <u>(Must Be Member,</u> <u>Must Be at least 18)</u>	1:00pm – 3:00pm Open Gym Full Court	6:00pm – 8:45pm Open Gym		
	3:00pm – 6:00pm Open Gym Half Court		3:00pm – 6:00pm Open Gym Half Court			
	6:00pm – 8:45pm Open Gym		6:00pm – 8:45pm Open Gym			
						

****The Gymnasium will be closing at 10AM on 9/10 for the Three Sisters Marathon Expo. It will remain closed until 6PM on 9/11.**

There will be no Pickleball on 9/10.

Food/Drinks in the gym at ANY time can/will be thrown away at the discretion of Administration Staff or Housekeeping without question.

***The half-court divider can be lowered/raised at any time at staff discretion.**

(If you have any questions please contact the Sports & Wellness Director Greg Hairston)

This schedule is subject to change.